

Momentum

Moving Forward with Philanthropy

WINTER 2020

Beth Israel Lahey Health
Winchester Hospital



“The fund definitely furthered my career...it made me a leader at the hospital.”

Deb Tarnowski, RN, BSN
McDonough Fund grant recipient

Investing in Our Nurses

Corporate supporters and individuals thank our nurses

For the past 15 years, proceeds from the annual James F. McDonough, MD, Golf Classic have enabled more than 100 registered nurses (RNs) at Winchester Hospital to obtain their bachelor's degree in nursing (BSN). Due to the COVID-19 pandemic, the September tournament was canceled.

Thanks to the generosity of the Winchester community, however, corporate supporters and individuals donated over \$111,000 so that the hospital could continue to develop and educate nurses. For many donors, their gift was a tangible way to thank all of the nurses who have risked and continue to risk their lives caring for patients with COVID-19.

James F. McDonough, MD, was a beloved OB/GYN who spent 43 years at Winchester Hospital and delivered more than 17,000 babies. Dr. McDonough believed that educated nurses provide the best patient care and was insistent that the community should help nurses further their education and obtain degrees and specialized certifications.

In 2018, Deb Tarnowski, RN, BSN spoke at the golf tournament and credited the McDonough Fund with “changing her life.”

Because of the grant she received from the fund, she was able to get her bachelor's degree and, later, a certification in infection prevention and control. Deb started at Winchester in 1993 as a registered nurse with an associate's degree. “The fund definitely furthered my career,” Deb said. “It made me a leader at the hospital.”

Deb has been nothing less than a superhero during the COVID-19 pandemic. She has been a leader in infection prevention, educating all staff on the proper use of personal protective equipment as well as other methods to decrease the transmission of the virus and protect employees and patients.

Watch a special thank you message from the Winchester Hospital nursing staff at Giving.LaheyHealth.org/McDonoughFund



James F. McDonough, MD



The Winton Club Shows Holiday Spirit Despite Pandemic

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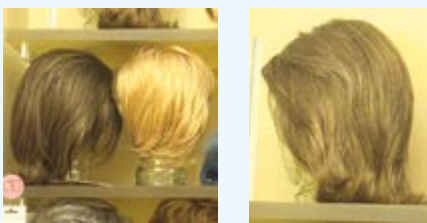
Clinical Spotlight: Andrew Lubin, MD

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A Caring Place, located at the Winchester Hospital Center for Cancer Care, is a resource that provides wigs, prosthetics, scarves, creams, and other supplies for cancer patients. A Caring Place also provides personal fittings and styling services to patients in need.

To learn more or to make a gift, contact Denise Flynn at Denise.L.Flynn@Lahey.org or call 781-756-2156.

Read more about A Caring Place at Giving.LaheyHealth.org/ACaringPlace



The Winton Club Shows Holiday Spirit Despite Pandemic

The sound of Christmas music filled the Studio on the Common in Winchester during the last week of August as The Winton Club held their 4th annual “Christmas in August” event. The event looked a bit different due to COVID-19 precautions, and club members worked tirelessly behind the scenes to ensure safety for guests and studio staff.

Usually, the Studio on the Common hosts the event for one day. This year, in order to adhere to social distancing protocols, the owner, Gail Ockerbloom, agreed to host the fundraiser for an entire week. “The Winton Club and its members have been hugely helpful to us,” Gail said. “This collaborative event is a great way to help them and to support Winchester Hospital.”

Shoppers received a 10 percent discount, and the Studio on the Common donated 10 percent of all sales to the hospital. Proceeds were used to support A Caring Place, a

resource at Winchester Hospital's Center for Cancer Care that provides cancer patients with wigs, prosthetics, scarves, and other items that help during treatment but are not covered by insurance.

For Deb Ciarca, one of the event organizers and a breast cancer survivor, this event is deeply personal. “Although COVID-19 has stopped many things, it hasn't stopped cancer,” she explained. “The Winton Club supports A Caring Place so that no one has to worry or even think about the cost of these supplies.”

Deb and The Winton Club were grateful for the involvement of Salter HealthCare and Northmark Bank, the sponsors of the event. “We're ingrained in the community,” explained Anne Brennan, executive director of Salter's Winchester Rehabilitation & Nursing Center. “We want to be a resource to support the community as much as we possibly can.”



Denise Flynn, Winchester Hospital's vice president of Philanthropy, was thrilled to see so many shoppers turn out in support of Christmas in August. "The Winton Club is incredible!" she said. "Despite COVID-19, they're still finding creative ways to support the hospital. We are so appreciative!"



Clinical Spotlight: Andrew Lubin, MD

As Winchester Hospital's head of infectious diseases and chair of medicine, Dr. Andrew Lubin stays abreast of infectious diseases and outbreaks that may be spreading anywhere in the world. He first learned about a cluster of mysterious respiratory disease cases in

Wuhan, China in late December 2019. Dr. Lubin immediately went to his team of infection control nurses and told them to keep an eye out for people traveling from China with fever or respiratory symptoms.

On February 1, 2020, the Commonwealth of Massachusetts confirmed the state's first COVID-19 case. Six weeks later, hospitals in the state were contending with a surge of patients with COVID-19 and a completely changed world.

Inside the hospital, Dr. Lubin and his team were working to protect patients and staff, curb the spread of the virus, and modify hospital units and staffing to accommodate an influx of very sick patients.

During the first wave of the pandemic, Dr. Lubin's phone rang at all hours of the day and night with questions about safety protocols and proper use of personal protective

equipment (PPE). With safety protocols changing daily, even hourly, his primary responsibility was to keep all patients and staff as safe as possible.

Between Beth Israel Lahey Health Infection Prevention calls and Winchester Hospital Incident Command calls, Dr. Lubin had a constant flow of new information to track, process, and distribute. Making sure frontline staff had the most up-to-date information was no small task. "I think that maintaining regular communication was one of the most important things we did to keep ourselves and our patients safe," Dr. Lubin said. "Our infection control nurses were really an integral part of getting quickly changing messages to frontline caregivers."

Dr. Lubin was surprised to receive the 2020 Winchester Hospital Friend of Nursing Award this spring. As the nurses attested, "Winchester Hospital is a special place, and [Dr. Lubin] makes it better."

"The message from the nursing staff recognizing that I was there for them was quite an honor," Dr. Lubin said.

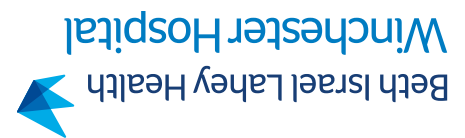
Applying the lessons learned during the first surge, Dr. Lubin and the hospital's team are prepared for the cold and flu season and a second surge. "We've learned so much as a system and as a community hospital. I know that we are ready to take excellent care of our patients and each other, whatever the future brings."



Hornidge Gift to BILH

Earlier this year, Ann-Ellen Hornidge, chair of the Beth Israel Lahey Health (BILH) Board of Trustees, along with her husband, Ned Murphy, made the first gift to support BILH in a system-wide capacity. At their request, their generous support was evenly divided among all of the system's hospitals, behavioral health services, and home health/post-acute care services. This gift symbolizes Ann-Ellen and Ned's admiration for the vision of a truly integrated system dedicated to making a difference in people's lives across Eastern Massachusetts. "It is BILH's vision and its commitment to high-quality, accessible health care that make us exceptionally proud to support the system," said Ann-Ellen. "We hope our commitment encourages others to support the remarkable work taking place across BILH."

Philanthropy
41 Highland Avenue
Winchester, MA 01890



Longtime Volunteer Celebrated, Offices Named in Her Honor

The renovations of the hospital's Volunteer Offices are complete! The renovations were made possible by a generous donation from the family of Rose Westra in honor of her 50 years of volunteering and her 100th birthday.

Read more at Giving.LaheyHealth.org/VolunteerOffice

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giving.winchesterhospital.org

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